



Step and Learn Conductive Education

Registered Charity No: 1148686 / Company Limited by Guarantee: 07564050

Mission Statement

Updated January 2026

Approved By	Chair of Trustees
Signed	
Dated	15th January 2026

Introduction

The Governing Document of Step and Learn is the Articles of Association as filed with Companies House on incorporation.

This Mission Statement aims to clarify the charity's aims and the ways in which these are to be achieved.

The Chair of Trustees will have overall responsibility for monitoring performance in relation to this Mission Statement.

This Mission Statement will be continuously reviewed and updated as necessary.

Aims and Objectives

The purpose of Step and Learn is to provide Conductive Education sessions to children in Medway and Kent who are affected by Movement Disorders.

Movement Disorders includes but is not limited to Cerebral Palsy, Step and Learn will endeavour to support any child with other neurological or genetic conditions.

The primary focus of our services is to help children who have difficulty controlling their movements, regardless of if they have a diagnosis.

Conductive Education has been shown to have the biggest impact on a child's development when it is delivered in the early years of their life. Step and Learn therefore will focus their efforts on the early years / preschool age range as a priority.

Step and Learn is a service for children up to the age of 16 years.

Step and Learn provide their services free of charge for all children attending, however donations will be suggested to families accessing services and there may be additional charges for particular sessions, where there is a need to purchase session specific resources.

Our programs of Conductive Education are tailored to encompass the following for each child:

- Quality Conductive Education which views the child holistically.
- A balance of all 5 areas of child development, as recognised by Paediatricians, that being; gross motor skills, fine motor skills, speech and language, cognitive / intellectual and social / emotional.
- Identification of obstacles to learning and development and strategies to overcome these.
- Development of a child's potential and independence, through maximising their abilities.
- Encouragement of children expressing their likes and feelings.
- Motivation to problem solve and increase resilience in challenging activities.
- Parental / Carer involvement in each session to allow learning to be shared and repeated outside of the sessions.

Rules of Operation

For details on this please refer to the Articles of Association which can be found on the Companies House website.

Broadly, the charity has the power to undertake any activities in furtherance of the Aims and Objectives noted above.

In delivering support to children and young people, Step and Learn will make the following provisions:

1. Early Years / Pre-School Provision

This will cater for children from birth up until the end of their first year of primary school, the end of EYFS.

This is a termly provision where children will have an allocated place in the appropriate group for their abilities.

Sessions will be held Tuesday – Friday, with groups being either weekly or fortnightly.

When a child begins their first year of primary school, the EYFS year, they will enter a “transitional year” where Step and Learn will work with the child’s school to hand over supporting records, recommendations and offer times for school staff to come and observe sessions at Step and Learn.

2. Intensive Block Provision

This will cater for children in years 1 – 6 of primary school.

Generally it is expected that the children attending will be known to Step and Learn, having transitioned from the Early Years / Pre-School Provision. However applications will be considered for new children.

The sessions will be offered in 4 weeklong blocks spread across the academic year. Children will have a place in a group for every day of any given block.

Each block is standalone, so places will be re allocated for each block, taking account of demand and resources available.

3. DMI

Children up to the age of 5 will be eligible for this provision. A maximum of 5 children will attend 4 sessions in a week, this 'dmi week' will occur once a term

Generally it is expected that the children attending will be known to Step and Learn, having transitioned from the Early Years / Pre-School Provision. However applications will be considered for new children.

The sessions will be offered in 4 weeklong blocks spread across the academic year. Children will have a place in a group for every day of any given block.

Each block is standalone, so places will be re allocated for each block, taking account of demand and resources available.

4. Ambassadors Club Provision

This will cater for children in years 7 – 11 of secondary school.

Generally it is expected that the children attending will be known to Step and Learn, having transitioned from previous provisions. However applications will be considered for new children.

The sessions will be offered on a Saturday morning during term time only, following the term dates for the Early Years / Pre-School Provision.

Sessions will not be held by a qualified Conductor as the focus will be slightly different to that of our other provisions. Step and Learn trustees will lead the sessions, the purpose of this provision will be more social with a focus on organising events for Step and Learn and trying to integrate children who have experienced our earlier provisions into becoming an ambassador, and possibly, a trustee of the charity. The children attending will be invited to offer their own ideas on what they want to cover.